

# DOUGLAS COUNTY ADOPT-A-ROAD

Group # \_\_\_\_\_

## SAFETY GUIDELINES & CLEAN-UP CHECKLIST

THE FOLLOWING IS A LIST OF THE ESSENTIAL THINGS YOU NEED TO REVIEW AND ADDRESS BEFORE EACH LITTER CLEAN-UP EFFORT.

SAFETY ~ YOUR SAFETY IS OUR PRIMARY CONCERN. IF SEVERAL WEEKS HAVE PASSED BETWEEN LITTER CLEAN-UPS, OR IF YOU HAVE NEW MEMBERS IN YOUR GROUP, WE STRONGLY SUGGEST THAT EVERYONE REVIEW THE SAFETY VIDEO PROVIDED ON DVD.

\_\_\_\_\_ Review safety video (DVD)

\_\_\_\_\_ Traffic control plan (provided by Douglas County)

### **REQUIRED BUT NOT PROVIDED BY DOUGLAS COUNTY:**

\_\_\_\_\_ Long pants and shirts with sleeves

\_\_\_\_\_ Boots or hard-toed shoes

\_\_\_\_\_ Gloves – leather or canvas

### **PROVIDED BY DOUGLAS COUNTY IN YOUR ADOPT-A-ROAD KIT:**

\_\_\_\_\_ Hard hat

\_\_\_\_\_ Eye protection (safety glasses with ANSI Approved)

\_\_\_\_\_ High-Visibility safety vest

\_\_\_\_\_ High-Visibility warning signs

\_\_\_\_\_ Vehicle-Mounted strobe light

\_\_\_\_\_ First aid kit

\_\_\_\_\_ Orange flag markers on wire poles (for marking large or hazardous objects)

\_\_\_\_\_ Litter bags

## **SAFETY GUIDELINES**

- \_\_\_\_\_ Follow the traffic control plan
- \_\_\_\_\_ Wear the hard hat and safety vest at all times
- \_\_\_\_\_ Stay off bridges and rocky, steep, or unstable slopes
- \_\_\_\_\_ Watch for nails, syringes, broken glass, or other sharp objects  
(set an orange flag marker on wire pole near the object for pick up by county personnel)
- \_\_\_\_\_ Avoid poisonous, noxious or thorny plants
- \_\_\_\_\_ Avoid stray or wild animals, stinging insects, and mosquitoes
- \_\_\_\_\_ Designate one crew member as a look-out
- \_\_\_\_\_ Be prepared for any unexpected behavior by motorists. Never assume a driver sees you.
- \_\_\_\_\_ Walk single file along roadway
- \_\_\_\_\_ Work toward on-coming traffic
- \_\_\_\_\_ Work only during daylight hours and in good weather
- \_\_\_\_\_ Work one side of the road at a time
- \_\_\_\_\_ Do not enter construction areas or utility work zones
- \_\_\_\_\_ Do not go into roadways, median strips, or roundabout islands to remove litter
- \_\_\_\_\_ Do not wear headphones
- \_\_\_\_\_ No horseplay or pranks
- \_\_\_\_\_ Do not stand or jump on guardrails, drainage pipes, or concrete walls.
- \_\_\_\_\_ Do not drink alcohol prior to or while participating in clean-up events.
- \_\_\_\_\_ Avoid overexertion and heat-related problems by drinking water and taking breaks.

## **EMERGENCY PROCEDURES**

- \_\_\_\_\_ Know emergency procedures; location of the nearest emergency facility, police, and ambulance.
- \_\_\_\_\_ Report all accidents or injuries to the Crew Leader immediately.
- \_\_\_\_\_ Cellular phone, radio, or other form of two-way communication
- \_\_\_\_\_ Crew member with valid First Aid Card (recommended)

**PARTICIPANTS MUST BE 15 YEARS OR OLDER; WITH 1 ADULT FOR EACH GROUP OF 8 UNDER 18 YEARS.**

\_\_\_\_\_ 15 years or older

\_\_\_\_\_ Adult supervision

**CARPOOLING AND PARKING: LIMIT THE NUMBER OF VEHICLES WITHIN YOUR WORK ZONE TO 2.**

\_\_\_\_\_ 1 or 2 cars only

\_\_\_\_\_ Pull vehicles as far off the side of the road as possible.

\_\_\_\_\_ Vehicles should never be parked on the traveled portion of the road.

\_\_\_\_\_ Hazard lights and vehicle-mounted strobe light flashing

**ITEMS YOU MAY PICK UP AND PLACE IN BAGS**

\_\_\_\_\_ Miscellaneous Paper (newspaper, wrappers, paper cups)

\_\_\_\_\_ Miscellaneous Plastic (bottles, cups, straws, plates, 6-pack rings, food containers)

\_\_\_\_\_ Metal (cans, empty buckets, non-dangerous containers)

\_\_\_\_\_ Clothing or Shoes

*Please stack the filled bags neatly on the roadside so as not to impede pedestrian traffic or block the view of traffic signs or intersections.*

**ITEMS YOU MAY PICK UP AND STACK NEAR THE FILLED BAGS**

\_\_\_\_\_ Various light objects too large to place in bags

**ITEMS YOU SHOULD NOT PICK UP: SET AN ORANGE FLAG MARKER NEAR THE OBJECT FOR PICK UP AND DISPOSAL BY COUNTY PERSONNEL:**

\_\_\_\_\_ Drug Paraphernalia (such as hypodermic syringes, needles, baggies containing unknown substances)

\_\_\_\_\_ Hazardous Materials (such as propane tanks, gas canisters, car batteries, petroleum products, chemicals. Paints and solvents, unidentified containers or other known drug-making materials)

\_\_\_\_\_ Dead Animals (wild or domestic on the roadway or County right-of-way)

\_\_\_\_\_ Heavy objects (such as large vehicle parts, engines, appliances)

\_\_\_\_\_ Tires

\_\_\_\_\_ Anything that you believe to be dangerous

\_\_\_\_\_ Private signs found within the county road right-of-way (report the location and description of any private signs on the Participant Roster Form).

**RECYCLING: VOLUNTEER GROUP MAY CHOOSE TO RECYCLE GLASS AND CANS (PROCEEDS MAY BE KEPT BY THE VOLUNTEER GROUP); OR LEAVE RECYCLING ALONG WITH OTHER LITTER FOR DOUGLAS COUNTY DISPOSAL.**

\_\_\_\_\_ Box for Glass (not provided by county)

\_\_\_\_\_ Box for Cans (not provided by county)